

# Lyrics - *Just This*

All composition and lyrics by Jarrah Schmah  
(except *the Universe birth* by Virginia Barratt)

## 1. Gentleness

Gentleness I am prayin to you, please, come to me I'm on my knees  
because I feel so hard inside and I punish myself even more,  
oh gentleness, you know the score

cos when you take me in your arms and I snuggle up inside  
and you stroke my brow, anyhow, you know I love you the best

Gentleness.

cos when you kiss my cheek, then I melt inside  
and there's no need to hide, you know I love you the best

Gentleness

you're so playful and free, I love the way you love me

I love to see you walk down the street, I love the way you move your feet

Gentleness you know I love you the best

Gentleness you know I love you the best

cos when you take me in your arms, and I snuggle up inside  
and you stroke my brow, anyhow, you know I love you the best

Gentleness

cos when you kiss my cheek, then there's no need to hide

cos I'm open, inside, you know I love you the best

Gentleness,

when you touch me with your soft hands, well my heart starts to sigh,

then I shed a few tears and cry, cos you're so beautiful

you know I love you the best

Gentleness, Oh I love you gentleness, gentleness

## **2. Scent of infinity**

following the scent of infinity

leaning into the sky, curiously wondering, what am i?

spinning around this white hot sun, orbitting

somewhere in the middle of eternity

somewhere on a spiral arm galaxy

leaning into love, following the scent of love

following the scent of eternity

somewhere on a spiral arm galaxy

leaning into love, following the scent of love

## **3. Falling**

I'm fallin in, I'm fallin into, I'm fallin in to falling, falling

I'm facing up to this breeze, facing up to this storm, facing up to this hunger

I'm fallin in, I'm fallin into, I'm fallin in to falling, falling

I'm facing up to this thin disguise, facing up to the look in your eyes, facing up to your smile

I'm fallin in, I'm fallin into, I'm fallin in to falling, falling

I'm facing up to this beauty, I'm facing up to the knot in my belly, facin up to wanting to do it right

I'm fallin in, I'm fallin into, I'm fallin in to falling, falling

facing up to this habitual reaction, facing up to this frustration, facing up to this living, life that's been given

I'm fallin in, I'm fallin into, I'm fallin in to falling, falling, falling, falling

## **4. Nothing**

Nothing is blue, nothing is green

Nothing is seen, my love

Nothing is softly moving with the breeze, my love, my love

whisper sweet nothing my love, whisper sweet nothing, my love

whisper sweet nothing my love, my love

Nothing changes, nothing stays the same, nothing is softly singing, my love, my love

whisper sweet nothing my love, whisper sweet nothing, my love

whisper sweet nothing my love, my love  
Nothing is green, nothing is blue, nothing is true, my love,  
nothing soothes me my love, my love  
whisper sweet nothing my love, whisper sweet nothing my love  
whisper sweet nothing my love, my love

## **5. Sanity**

The convolutions of my mind, make a tight knot between my eyes and I realise I'm not being free  
strutting, slutting in the political gutter, my mind, my mind is in a clutter, you know how it feels  
sanity comes to me, in the form of a tree and suddenly here is where I wanna be  
You glisten with indifference, your timeless life is radiance, entranced in your beauty eternally  
the sun sets light upon your leaves and here is where I want to be  
I lay down next to god, she broke into a smile, I decided to stay a while  
You arch and twist with simple grace, god is staring at me face to face  
I melt into the cracks and I'm free and she is laughing at me, and here is where I wanna be  
You glisten with indifference, your timeless life is radiance, entranced in your beauty eternally  
the sun sets light upon your leaves and here is where I wanna be  
You arch and twist with simple grace, god is staring at me face to face  
I melt into the cracks and I'm free and she is laughing at me, you know how it feels

## **6. Mountain song**

So this is how a mountain moves this is how rocks breathe  
this is how it blinks this is how it thinks  
this is how we are, this is how a mountain plays guitar  
this is how it lingers and plays with fingers....

The mountain gives the soil, the rock the lava boiled, water perks up my veins.  
so this is how rivers mingle, and galaxies guess, and the earth caresses  
this is how we are, this is how a mountain plays guitar  
this is how it lingers and plays with fingers, this is how it sings, hey!

So this is how a mountain sighs this is how a mountain lives and dies

this is how oceans stumble, they rise and crumble      this is how they sing, hey!  
so this is how a planet grieves, this is how water eases from my eyes      this is how salt speaks  
so this is the fashion of their style, how they dance and stay a while, this is how they sing, hey  
so this is how we are, this is how a mountain plays guitar, this is how it lingers and plays with fingers

## **7. Look at you!**

Look at you, look at the way you move, those lines, you are so divine  
when I see the sun come off you in the colour air alpine  
look at you your red resins fallin down in pinks and grays and browns  
I can see the wind rocking you like an ocean, ocean in the sky  
Look at you your eyes are black and round marsupial scamper across the ground  
I love the way you live here is beautiful  
I can see the river waterfall tumbling down mountain air, mountain air mountain ground  
Look at you, look at the way you move, those lines, you are so divine  
when I see the sun come off you in the colour air alpine  
Look at you logging truck, fuck damn look at that  
damn look at that gravel pit tearing you, ripping you, ripping me, agony  
feel this love of you tearing me,  
feel this love of you, love of you, love of you

## **8. the Universe Birth**

so it is the universe gave birth to you  
offspring exploding from planets' parthenogenesis  
and you hold all the knowledge, that ever was and ever will be  
the seen and the unseen.  
All the fury and all the wars, and all the temporalities of peace  
and all the pain, and all the beauty  
the music of the spheres,  
the sound, and the silence  
a beginning and a world without end

Alpha and Omega

and you can utter the word of god in passing, and know you are that

and your smile is a miracle to behold

and if your body was laid to waste

well inside would be found infinite space

lunar winds and a head full of stars

You are this secret nascent galaxy, treading upon the earth

Its as if the universe gave birth to you

### **9. Fear Burn**

Fear comes in and sits in my chair

I said, oh my god, what are you doing there?

but she doesn't answer me, she just stares and stares and stares

oh my god, oh my god, oh my god, oh my god

so I run for the window, run for the door, I've got to get away

but the sun is shinin, and it's a beautiful day

the sun is shinin and it's a beautiful day

so I walk boldly across the floor, open the window open the door

and whisper in her ear, you are welcome here, to stay

as long as you like, stay here as long as you like

and the walls were on fire, the walls were burnin the walls were burnin down

and the walls were on fire, the walls were burning,

the walls were burning down and the walls were on fire, and the walls were on fire

burn baby burn

burn baby burn, burn babe

and the floor was on fire there was nowhere to stand

so I looked to the sky, the floor was on fire there was nowhere to stand

burn baby burn

burn baby burn, burn babe

and Love comes in, looks at me with a grin,

she says you are welcome to stay, stay here as long as you

fear love welcome fire love stay, burn baby,

fear love welcome fire love stay burn baby

fear love welcome fire love stay

burn baby burn, burn babe

fear love welcome fire love stay

stay here as long as you like

stay here as long as you like

stay here as long as you like

## 11. Absurdity

Mmmmy mmmmy my my life is absurd, but it but it bbbutt but it but it doesn't seem to matter

here comes the moon again, my my my my! La la la

paradoxically, inescapably, molecularly, infinitely, beautifully, uncontrol, uncontrol uncontrollably  
strumming,.. plumbing? Raking..., coughin - cuddling, email, emailing la la la la

mmmmy mmmmy my my life is absurd, but it but it bbbutt but it but it doesn't seem to matter

here comes the moon again, my my my!

## 12. Love you love it

I love to lay it, I love to lay it, I love to love, love to lay it down, love to lay it down, down

I love to see it, I love to feel it, love to love, love to lay it down ahhh

Love to love, love to love to lay it, love to love, love to lay it down,

I love to hear it, I love to be it, i love to love, love, love to lay it down, love to lay it down, down,

love to love, love love to lay it, love to love, love to lay it down aaaahhh

Love to love, love to love to lay it, love to love, love to lay it down,

I love you see it, I love you feel it

I love you love you love, you love to lay it down, I love you lay it down, down

I love you hear it, love you be it

I love you love you love you love to lay it down aahhh!

love to love, love you love you lay it love you love you love you love you lay it down

### **I think you know me**

Here I am killed by the lie, everywhere we're not living but dying  
even under the rays of the bright sun, and I'm the one, I'm the one  
who walked out in the rain and was never seen again, the wind blew me away  
I am that one who left again today, left my body under a tree, I think you know me, I think you know me  
the worms feast on me, feast on me, till there's only bones, bones bleached white in the sun  
I am that one, I am that one, and I am free, I am free  
I am the fire that burns down the tree, burns the bones to ashes I am the ash and I am free  
I am free I am free I think, I think you know me  
I am the moisture gathering up the rain, I am the thunder that frightens the children  
I am the light reflected in each drop of rain falling down, I am that sweet sound,  
I am the tear that falls down your face in glad appreciation  
I am no-one no one in this place, I am nothing I have no face,  
no protection no remedy letting go of even good intention and I am free  
I am free, I am free, I think you know me  
you think you know me you've got your story, but I am free I am free,  
always have been breaking down, I rise up with an ancient sound  
I can hear you hear you in the breeze you are my lover my companion I am at ease with you  
hold my hand cos I am free I think you know me  
no protection no remedy letting go of even good intention and I am free  
I am free, I am free,... I think you know me

### **13. Just this**

beloved, this kiss this kiss this  
there is just this there's just this, there is just this there's just this sweetness  
beloved, nuzzling in, languishing  
there is just this there's just this, there is just this, there's just this sweetness  
beloved, nuzzling in, languishing  
there is just this there's just this, there is just this there's just this sweetness

beloved, there's a, a sweet rain falling down

there's a sweet rain falling down, there's a, a sweet rain fallin down on my ground

beloved this kiss this sweetness